

CLAIMS

- [1] A packaged beverage with a green tea extract mixed therein, comprising the following ingredients (A) and (B):
- (A) from 0.01 to 1.0 wt% of non-polymer catechins,
- and
- (B) from 0.0001 to 20 wt%, in terms of equivalent glucose amount, and less than 0.05 wt%, in terms of equivalent fructose amount, of a carbohydrate,
- wherein said beverage has a pH of from 2 to 6.
- [2] The packaged beverage according to claim 1, wherein said carbohydrate is selected from a monosaccharide, disaccharide, oligosaccharide or conjugated polysaccharide, or a mixture thereof.
- [3] The packaged beverage according to claim 1 or 2, wherein said beverage is a non-tea-based beverage.
- [4] The packaged beverage according any one of claims 1-3, further comprising from 0.001 to 0.5 wt% of sodium ions and from 0.001 to 0.2 wt% of potassium ions.
- [5] The packaged beverage according to any one of claims 1-4, which has a pH of from 2 to 5.
- [6] The packaged beverage according any one of claims 1-5, further comprising oxalic acid or a salt thereof, a content weight ratio of (C) said oxalic acid or salt thereof to (A) said non-polymer catechins (A), $[(C)/(A)]$, being not greater than 0.2.
- [7] The packaged beverage according to any one of claims

1-6, wherein said green tea extract as a raw material is one obtained by adjusting a concentrate of green tea extract, said concentrate comprising from 20 to 90 wt% of non-polymer catechins based on a solid content thereof, such that a content weight ratio of oxalic acid or a salt thereof (C) to said non-polymer catechins (A), $[(C)/(A)]$, becomes not greater than 0.2.

[8] The packaged beverage according to claim 6, wherein said content weight ratio $[(C)/(A)]$ of said oxalic acid or salt thereof (C) to said non-polymer catechins (A) is not greater than 0.05.

[9] The packaged beverage according to any one of claims 1-8, which is in such a form that at least 300 mg of non-polymer catechins can be ingested per day.

[10] The packaged beverage according to any one of claims 1-9, which is filled in a clear container.